# CTI Smart Goals Recap & Case Presentations

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#### **CTI Phase Plan Form**



- https://www.vactitoolkit.com/up loads/1/3/7/6/137694226/phas e\_plan\_fillable\_2022.pdf
- Tracks 1-3 SMART Goals Per Phase
- Filled out at the beginning of Phases 1-3
- Filled out <u>at the end of Phase</u>1 & 2

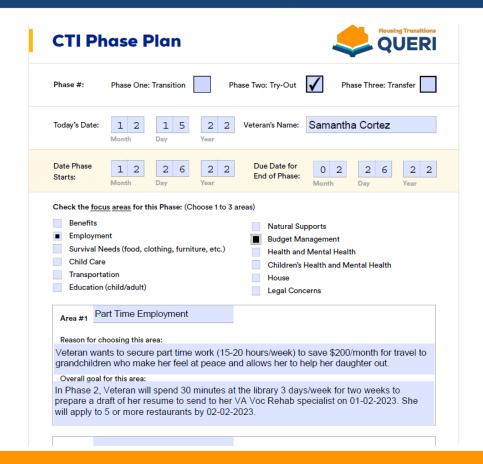
Phase #:	Phase One: Transition P	hase Two: Try-Out Phase Three: Transfer
Today's Date:	Month Day Year	Veteran's Name:
Date Phase Starts:	Month Day Year	Due Date for End of Phase: Month Day Year
Benefits Employm Survival N Child Car Transport	leeds (food, clothing, furniture, etc.) e	Natural Supports  Budget Management  Health and Mental Health  Children's Health and Mental Health  House  Legal Concerns
Area #1	hoosing this area:	

#### **CTI Phase Plan Form**



The <u>CTI Phase Plan Form</u> is helpful for documenting and tracking SMART Goals across Phases:

- "Reason for choosing this area:"
  - ✓ Tie back to larger specific goal& relevance of the goal
- "Overall goal for this area:"
  - ✓ Break down the goal into 3-5
    action steps that are achievable
    in the next two months



#### **CTI SMART Goals Worksheet**



- cti\_smart\_goals\_worksheet\_editable\_ pdf.pdf (vactitoolkit.com)
- Optional/ As needed CTI form
- Tool for helping Veterans develop SMART goals on their own
- May also be helpful for case managers who are new to developing SMART goals or when barriers around goals arise

CTI SMART GOALS WORKSHEET QUERI				
CTI Goal Focus Areas:				
Benefits Vocational Basic needs Children Life skills		Transportation  Education (self or child)  Legal Concerns  Housing  Spiritual	Social/Relationships Financial Health/ Healthcare Mental health Substance Use	
Turn your goal focus area into a SMART goal:				
<u>S</u>	Specific	What exactly will you accomplish? What are	small steps you can take to achieve it?	
<u>M</u>	Measurable	How will you know when you have reached What will you be doing more regularly? Whi		
<u>A</u>	Achievable	How can the goal be accomplished? What do you need to accomplish it?		
<u>R</u>	Relevant	Why is this goal significant to your housing stability? To your life? How will it benefit you?		
$\mathbf{T}$		When will you achieve this goal? How long	will it take to accomplish it?	

#### **CTI Cheat Sheet**



- CTI documents are designed to structure and streamline your documentation by capturing essential information and helping you plan for what is next
- There is a lot of information, and it can seem overwhelming at first. If you are feeling this way, it is totally normal!

\*cti\_forms\_and\_p rocesses\_cheat\_ sheet\_wave2.pdf (vactitoolkit.com)

- The CTI Forms and Processes Cheat Sheet summarizes the core components and forms used in CTI
- It provides information about who the process/form is for and how often a process/ form is used

## Community Agreements (Ground Rules)-Reminder



- This is a safe space; what is said here stays here
- Be mindful and respectful of other's backgrounds, experiences, training, and knowledge of CTI
- We encourage you to contribute often while making room for others to share
- Cameras are on as much as possible
- Try not to talk over other (and be respectful when it happens, especially in a virtual space!)

#### **Case Presentation Feedback**



- We will exercise our ground rules within case presentations
- Our goal is to help one another apply CTI with Veterans in Aftercare
- "I don't know" is perfectly acceptable.
- We encourage you to keep an open mind. Growth requires change, takes time, and can be uncomfortable. The intention of the CoP is to uplift you as you grow.
- Any suggestions or recommendations are just that they are not criticism or an indication that you are doing anything wrong. Take or leave any and/or all, as you wish.

#### **Case Presentation Feedback**



- 1. Focus on observation and not assumptions and interpretations
- 2. Focus on Veteran's behavior (what they do/ their actions) and not who the individual is

- 3. Focus on things that can be changed
- 4. Provide recommendations and solutions

### **Next steps**



Optional) Drop-in Hour: January 25<sup>th</sup>, 2023

11-12am AKST/ 12am-1pm PST / 1-2pm MST / 2-3pm CST / 3-4pm EST

Stop by if you have questions, would like to discuss a case, or have a burning desire to learn more about CTI!

Next CoP: February 1<sup>st</sup>, 2023

10-11am AKST/ 11am-12pm PST / 12-1pm MST / 1-2pm CST / 2-3pm EST

- Guest Speaker- Carolyn Hanesworth
- CTI core components and supervision